## Welcome to Aspen Pediatrics!

Our goal is to provide outstanding medical care for your child in a nurturing, fun environment so you can feel confident both in your child's health and in your parenting abilities.

We are located at 1001 Jones St. Our phone number is 775-322-1880. Our office hours are from 9am-12pm in the morning and 1:30-4:30 in the afternoon.

Our doctors are Krista Colletti, MD, Fannie Fang, MD, Meredith Reynolds, MD, and Rotem Elitsur-Fitzpatrick, MD. They are all board-certified by the American Board of Pediatrics.

Our medical assistants are Alyx, Tawna, Kyrstin, Jill, and Maddie. If you have questions or concerns regarding your child, you can contact Jen, our triage specialist, via email at <u>triage@aspenpediatrics.net</u>. All you have to do is provide your child's full name, date of birth, and the reason for your email, and she will get back to you as soon as possible. If you have not heard from her by 3pm, please call or email back! If you have urgent concerns about your child (not breathing well, dehydrated, trauma, etc) please speak to the front office staff to make an appointment, rather than leave a message on the triage voicemail.

We generally see healthy children first thing in the morning and first thing in the afternoon. We see sick children after these visits to try and limit contact between sick and well babies. Our sick visits are all scheduled for same day appointments.

Should you choose our office for your new baby's medical care, the hospital will call us, then one of our doctors will see you and your baby (*if born at Renown Regional Medical Center*) within 24 hours. Most babies are born in the middle of the night, so follow-up is usually done the following morning. Our physicians do not have privileges at Sierra Medical Center, but you will be in good hands with their hospitalists until the baby is discharged. If your baby was born at Renown, we will do a complete exam and discuss newborn care and first feedings with you. We encourage first-time Moms who plan to breastfeed to stay 48hours in the hospital, if possible, as newborns tend to feed better during the 2nd day. We will continue to see you every day that you are in the hospital.

Following the birth of your new baby, we will see you in the office in the first week, then at 2 weeks of age, 2 months, 4 months, 6 months, 9 months, and 12 months, and 15 months. **ALL NEW BABIES NEED TO BE ADDED TO INSURANCE WITHIN THE FIRST 30 DAYS.** Toddlers are seen at 18 months, 2, 2 ½, and 3 and 4 years of age. Older children are seen at yearly intervals. At your well-child visits, we will evaluate the child's growth and development, discuss major milestones, answer all your questions (we encourage lists!) and do a complete physical examination. Immunizations are given after the doctor's evaluation by our medical assistants.

Our policy on immunizations is that our patients receive all of the CDC recommended vaccinations. We DO NOT delay vaccinations. This policy is in place to protect the other babies and children in our practice. Please feel free to discuss any questions or concerns with your doctor.

Our website address is <u>www.aspenpediatrics.net</u>. It provides answers to many common health and parenting questions as well as allows you to exchange HIPPA-compliant email with your physician. Please check it out!!